



Menu

This Menu gives you quick access to all the content for *Families in Conflict*. It will also keep track of your progress as you work your way through the program's video content in the topics. When you feel comfortable with the content of a particular section, take the corresponding assessment.

Module 1: Dramatized scenarios | 2 hrs

This topic is:
0% Complete

Topic A:
Endlessly Arguing About Everything | 13 min | Hide Content

- [VIEW](#) 1. Escalating conflict by invalidating your child's ideas | 03:08
- [VIEW](#) 2. Escalating conflict by invalidating your child's ideas (part 2) | 02:17
- [VIEW](#) 3. Calming your child by expressing fear of a bad outcome | 07:08

This topic is:
0% Complete

Topic B:
Managing Sibling Harassment | 8 min | Hide Content

- [VIEW](#) 1. The harmful effects of an "us against you" mentality | 03:11
- [VIEW](#) 2. Reducing your child's agitation by pinpointing the real dilemma | 04:21

This topic is:
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Topic C:
A Tantrum Over Electronics Turns Ugly | 11 min | Hide Content

- [VIEW](#) 1. Allowing frustration to negatively affect your responses | 02:57
- [VIEW](#) 2. Changing your voice tone and body language to achieve a positive outcome | 07:29

This topic is:
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Topic D:
Saying "No" To Your Child | 15 min | Hide Content

- [VIEW](#) 1. Escalating conflict by attempting to abruptly end all discussion | 05:59
- [VIEW](#) 2. Creating emotional space for a child to accept your decision | 09:15

This topic is:
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Topic E:
Children Who Are Troubled By Normal Transitions | 7 min | Hide Content

- [VIEW](#) 1. Failing to recognize a dysregulated child | 03:18
- [VIEW](#) 2. Acknowledging your child's challenges becomes a pathway to acceptance | 03:33

This topic is:
50% Complete

Topic F:
Coping With a Child's Explosive Temper | 10 min | Hide Content

- [VIEW](#) 1. Making counterproductive suggestions | 03:03
- [VIEW](#) 2. Avoiding escalation by exhibiting patience and calm | 06:49

This topic is:

Topic G:

0% Complete

Confronting A Child About Poor Grades | 8 min | Hide Content

- VIEW 1. Intensifying conflict by failing to listen | 02:28
- VIEW 2. Promoting constructive dialogue | 05:32

This topic is:
0% Complete

Topic H:
A Child Fails to Handle Responsibility | 7 min | Hide Content

- VIEW 1. Refusing to assist with the care of a younger sibling erupts into an explosive conflict | 03:02
- VIEW 2. Creating constructive dialogue to de-escalate a confrontation | 04:00

This topic is:
0% Complete

Topic I:
Keeping Cool When A Child "Cops An Attitude" | 10 min | Hide Content

- VIEW 1. Failing to see the real issue behind bad behavior | 03:35
- VIEW 2. Overcoming anger leads to a productive dialogue | 06:45

This topic is:
100% Complete

Topic J:
Frustration With a Child Causes Spousal Conflict | 10 min | Hide Content

- VIEW 1. A poor marital relationship prevents cooperative parenting | 03:22
- VIEW 2. Successfully collaborating to develop an effective solution | 07:36

This topic is:
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Topic K:
Punishing A Defiant Adolescent Child | 12 min | Hide Content

- VIEW 1. Parent mistakes child's stress for willful disobedience | 04:12
- VIEW 2. Parent sets boundary and shields child from stressful situation | 07:48

This topic is:
50% Complete

Topic L:
A Strong Willed Child Tries the "Silent Treatment" | 9 min | Hide Content

- VIEW 1. Can demands & threats get results? | 03:39
- VIEW 2. Accepting the situation... for now | 05:36

Assessment:
Families in Conflict